

GET FIT IN TWENTY 10

For \$60 you get:

Fitness evaluation

7-Day Dietary Log

Dietary review

Two personal training sessions

Get the NEW YEAR started off right by participating in the TWENTY 10 program offered by Mercy Fitness Center. No matter your health goal for 2010, the Twenty 10 program has a solution for you.

Drawing for one month FREE membership to Mercy Fitness Center to the first 10 people who sign-up.

Get started today by calling (405) 752-3725.

